CLASSIC

Financial Literacy [Classic]

12 STEPS

About Project Helping

Kynd Kits are a program of Project Helping, a mental wellness nonprofit. Our mission is to make it ridiculously easy to volunteer because doing good is good for your mental wellness!

[Learn More at ProjectHelping.org]

When You Build a Kynd Kit - The Cycle of Impact

Tips for Building Your Kit

Helpful Tip for Building Your Kynd Kit

- Avoid politics and religion entirely.
- Use appropriate humor.
- Can't think of what to write, draw a picture!
- Use words of affirmation!
- Place a piece of paper in any canvas bag before drawing on the outside. This way, the marker will not bleed through the other side of the bag.
- Please keep your designs gender-neutral, inclusive, and age-appropriate.

Spanish Translation Options

ENGLISH TO SPANISH PHRASES

English	Spanish
Be proud of yourself	Siéntete orgulloso/a de ti mismo/a
Thinking of you	Pensando en ti
Sending love	Mandándote amor
You got this!	¡Tú puedes!
You are stronger than you seem, braver than you believe, and smarter than you think.	Eres más fuerte de lo que pareces, más valiente de lo que crees y más inteligente de lo que piensas.
This time will pass and good things are coming your way.	Deberías sentirte orgulloso/a.
Keep moving forward and fighting for that future!	El próximo capítulo de tu vida será mucho mejor.
Thinking of you during this time and sending warm, supportive thoughts your way.	Estaré pensando en ti durante este tiempo y te mando pensamientos cálidos y de apoyo.
Start where you are. Use what you have. Do what you can.	Empieza donde estás ahora. Usa lo que ya tienes. Haz lo que puedas hacer.
I know this won't be easy, but I also know you've got what it takes to get through it.	Sé que no va a ser fácil, pero también sé que tienes lo necesario para poder pasar esto.

STEP 3 OF 12

Financial Literacy [Classic]

Before You Build

About the Recipient

Young adults in the U.S. today are facing a perfect storm of personal and social pressures that can compromise their financial well-being: record lows in savings, record highs in student and consumer debt increasing living costs, and uncertain employment prospects.

Money Matters helps young people learn financial literacy, so they can make good financial choices as adults. Participants learn how to manage a checking account, create a budget, save and invest, start small businesses, and pay for college.

Use the contents of this Kynd Kit to build a financial literacy kit for teens at the Boys and Girls Club going through the Money Matters program. Building financial literacy and awareness early can help to create good financial habits for life. Teens who complete this program show improved financial management skills, including saving money and sticking to a budget.

STEP 4 OF 12

Decorate the Bag

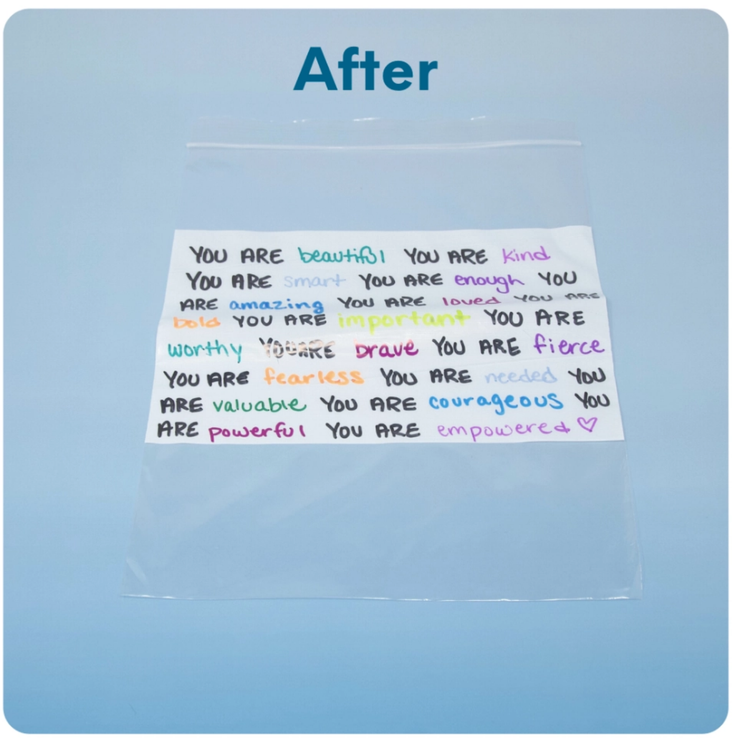
Decorate the kraft bag(s). This is what the final kit is distributed in, so try to make this fun and colorful for the recipient to open.

Please note: we are currently transitioning from plastic ziplock bags to kraft bags. Some kits may still include the plastic bag for you to decorate while we complete this transition.


Before
kynd kit
do good. feel good.
kynd kits are a program of project helping.
learn more at projecthelping.org
this kit was made with kindness by:


After
kynd kit
do good. feel good.
kynd kits are a program of project helping.
learn more at projecthelping.org
YOU DESERVE GOOD STUFF
this kit was made with kindness by:
ME!
In the way you remember details that others may not have noticed
In the way you make others feel accepted and welcomed
In the way you listen
YOU HAVE MORE IMPACT THAN YOU KNOW
In the way you recognize the importance of rest
In the way you make someone laugh when they need it
When you are kind to yourself
In the way you love
YOU MATTER


Before


After

STEP 5 OF 12

Write a Note to the Recipient and Decorate the Envelope

Write a card and decorate the envelope using the enclosed materials. Express your encouragement and include a hopeful message.

Please ensure your message is **age-appropriate** and **avoids references to religion or politics.**

STEP 6 OF 12

DIY Piggy Bank

Customize the piggy bank. Consider adding a short financial literacy message about saving.

Tip: Build the piggy bank to decorate, then break it down to fit it in the final kit!


Before

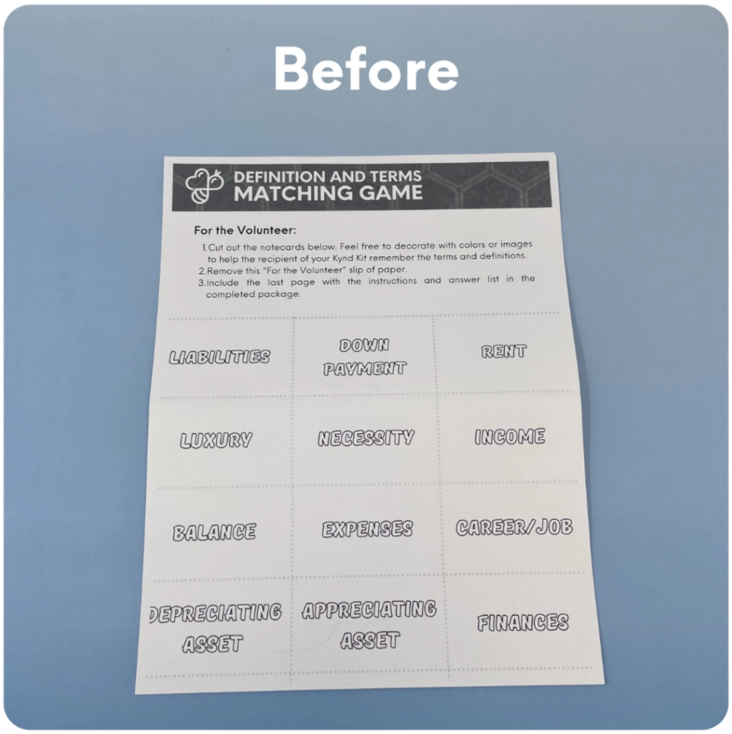

After
you're
incredible
Fantastic

STEP 7 OF 12

Make Financial Literacy Flashcards

Color in the flashcards to make them fun and colorful! Cut them out and use the rubber band to secure them.

- *We are currently transitioning this activity. If you have index cards, please create your own flashcards using the terms/definitions and index cards.*



STEP 8 OF 12

DIY Coin Purse

Use the permanent markers to decorate the small coin purse. Use financial terms such as save, donate, spend, and invest.


Before


After
SAVE
INVEST
DONATE
SPEND

STEP 9 OF 12

Surprise Kyndness Notebook

Decorate the outside of the journal with a picture or uplifting message. Use random pages in the journal to write short, uplifting messages, draw small, colorful images, or create fun writing prompts for the recipient.

STEP 10 OF 12

Pack The Financial Literacy Kit

Pack all of the materials into the decorated plastic bag and put it back into the original box.

Please only include items that are UNOPENED and UNUSED.

- Add any optional items you would like.

Optional items to add:

- Financial activity books
- Calculator
- Budget template
- Additional flashcards
- Fidget toys

Items not to include:

- Perishable items
- Sharp objects
- Nut food products
- Religious or political items

STEP 11 OF 12

Register My Kit (Optional)

> **Register your kit**
>
> To register and track your kits, you must visit the online instructions.
>
> *Registering your kit is optional.*

Thank You!

When you build a Kynd Kit, you create layers of impact for yourself and the community. We appreciate your time and your support of our mission.

Cheers,

The Project Helping team