



MAX

Ukulele [Max]

14 STEPS

About Project Helping

Kynd Kits are a program of Project Helping, a mental wellness nonprofit. Our mission is to make it ridiculously easy to volunteer because doing good is good for your mental wellness!

[Learn More at ProjectHelping.org](https://ProjectHelping.org)

When You Build a Kynd Kit - The Cycle of Impact



Tips for Building Your Kit

Helpful Tip for Building Your Kynd Kit

- Avoid politics and religion entirely.
- Use appropriate humor.
- Can't think of what to write, draw a picture!
- Use words of affirmation!
- Place a piece of paper in any canvas bag before drawing on the outside. This way, the marker will not bleed through the other side of the bag.
- Please keep your designs gender-neutral, inclusive, and age-appropriate.

Spanish Translation Options



English	Spanish
Be proud of yourself	Siéntete orgulloso/a de ti mismo/a
Thinking of you	Pensando en ti
Sending love	Mandándote amor
You got this!	¡Tú puedes!
You are stronger than you seem, braver than you believe, and smarter than you think.	Eres más fuerte de lo que pareces, más valiente de lo que crees y más inteligente de lo que piensas.
This time will pass and good things are coming your way.	Deberías sentirte orgulloso/a.
Keep moving forward and fighting for that future!	El próximo capítulo de tu vida será mucho mejor.
Thinking of you during this time and sending warm, supportive thoughts your way.	Estaré pensando en ti durante este tiempo y te mando pensamientos cálidos y de apoyo.
Start where you are. Use what you have. Do what you can.	Empieza donde estás ahora. Usa lo que ya tienes. Haz lo que puedas hacer.
I know this won't be easy, but I also know you've got what it takes to get through it.	Sé que no va a ser fácil, pero también sé que tienes lo necesario para poder pasar esto.

STEP 3 OF 14

Make a Ukulele Kit

Before You Build

The Make a Ukulele Kit brings the joy of music to those who need it most. By building and decorating a ukulele, you're creating an instrument that will benefit communities through organizations like Ukulele Sprouts and Soldier Songs & Voices, inspiring creativity, healing, and connection through music.

Why is your time valuable?

Your time is valuable because you're not just building an instrument—you're building an opportunity for someone to learn, heal, and express themselves through music. Whether working solo or as a team, your effort will bring joy and connection to those who receive the finished ukulele.

STEP 4 OF 14

Ukulele | Step 1

Check Your Kit Parts

1. Ukulele Body
2. Ukulele Neck
3. Fretboard
4. Strings
5. Tuners
6. Screws (2 long, 8 short)
7. Bushings
8. Screwdriver
9. Glue

10. Bridge

11. Wooden Dowel

12. Nut

13. Saddle

14. Double Sided Adhesives

15. Paint Pens



Ukulele | Step 2

Gluing the Nut

Take the nut and place it on the neck, where the headstock starts to go down from the neck. Mark the nut position with a pencil.

- If your neck is pre-marked, glue the nut to the first row of dots (closest to the tuner location)

Make sure the nut is glued down at a right angle, on the flat side, to the direction of the strings.





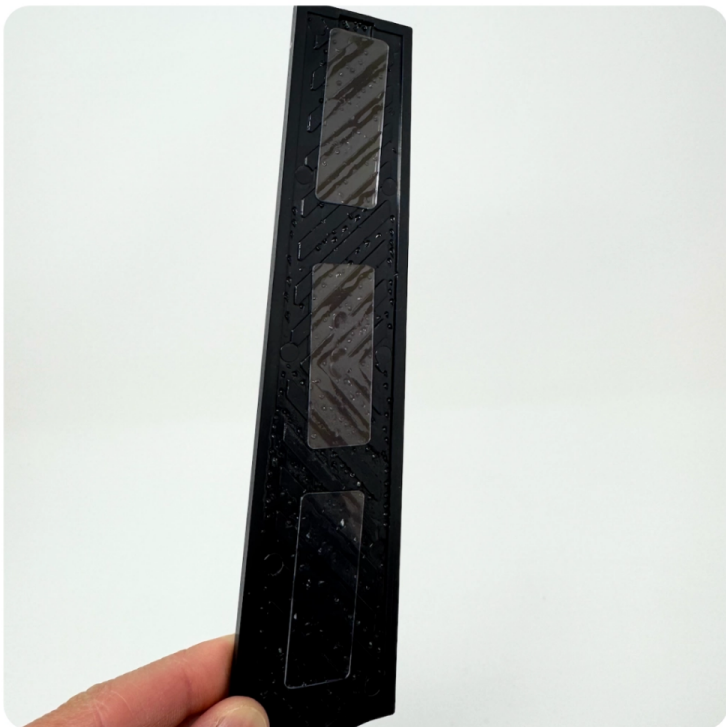
STEP 6 OF 14

Ukulele | Step 3

Attach the Fretboard

Using 3 double-sided adhesives, attach the fretboard to the neck.

- Press for 2-3 minutes for a stronger hold
- Glue can be used if needed, however not necessary, and may require a longer dry time.





STEP 7 OF 14

Ukulele | Step 4

Connect the Neck

Use the wooden dowel and glue to attach the neck to the body.



Ukulele | Step 5

Decorate!

Before moving on, use the included paint pens to decorate the ukulele.

- Avoid religion and politics entirely
- Use words of affirmation or colorful images
- Please keep your designs gender-neutral, inclusive, and age-appropriate



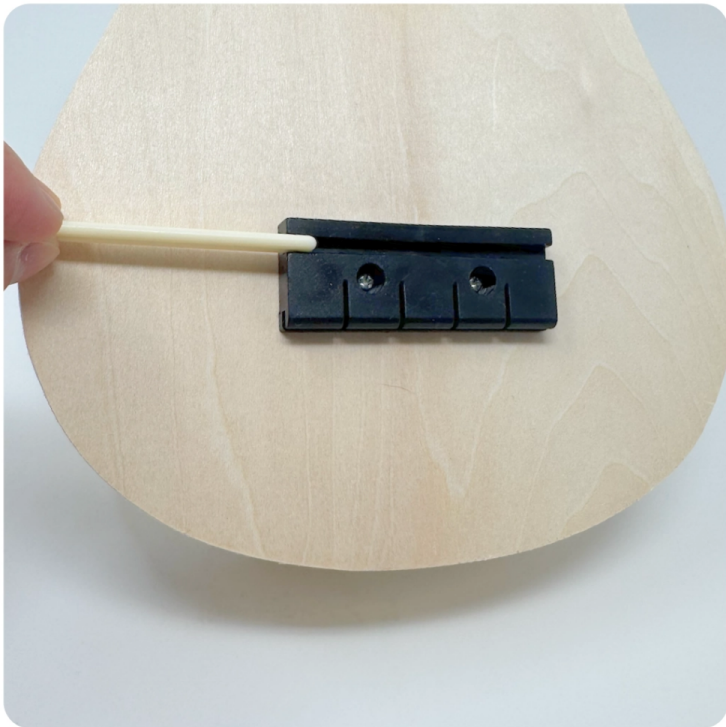
Ukulele | Step 6

Attach the Bridge

Attach the bridge to the body using the screwdriver and 2 long screws, and slide in the saddle.

- Use the pre-marked holes as a guide
- Optional to use the small circular white covers to hide the screws. These can be glued in place with a drop of glue.







STEP 10 OF 14

Ukulele | Step 7

Mount the Tuners

The kit has 4 tuners to be installed, 2 left and 2 right. Push the tuning pins through the hole from the back of the headstock and line up with the guided screw holes. Screw into place using the screwdriver and remaining screws.

Add the 4 bushings to the front of the headstock and use a small amount of blue to fix in place.





STEP 11 OF 14

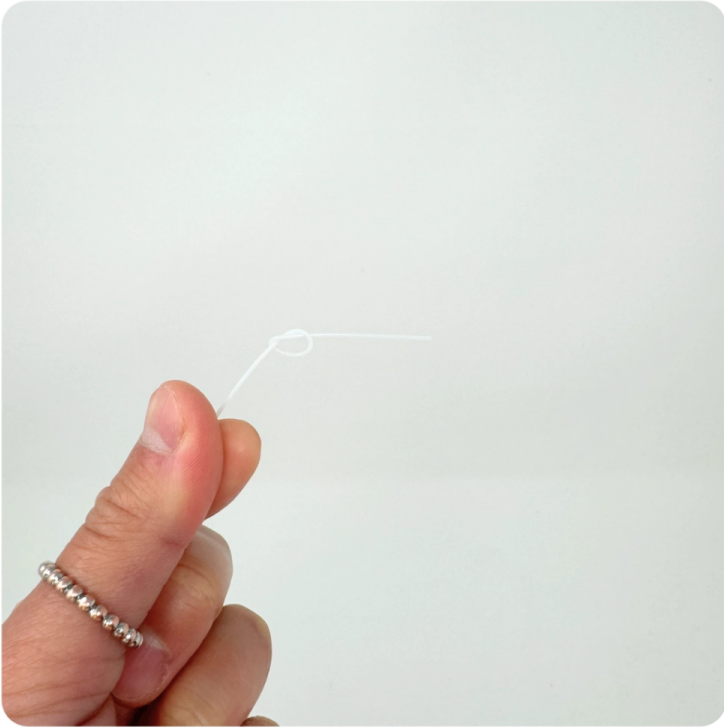
Ukulele | Step 8

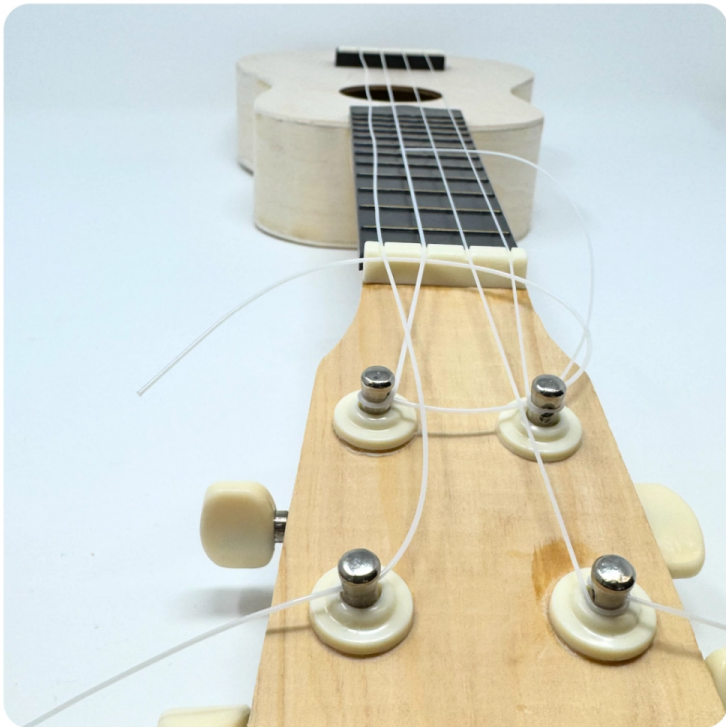
String the Ukulele

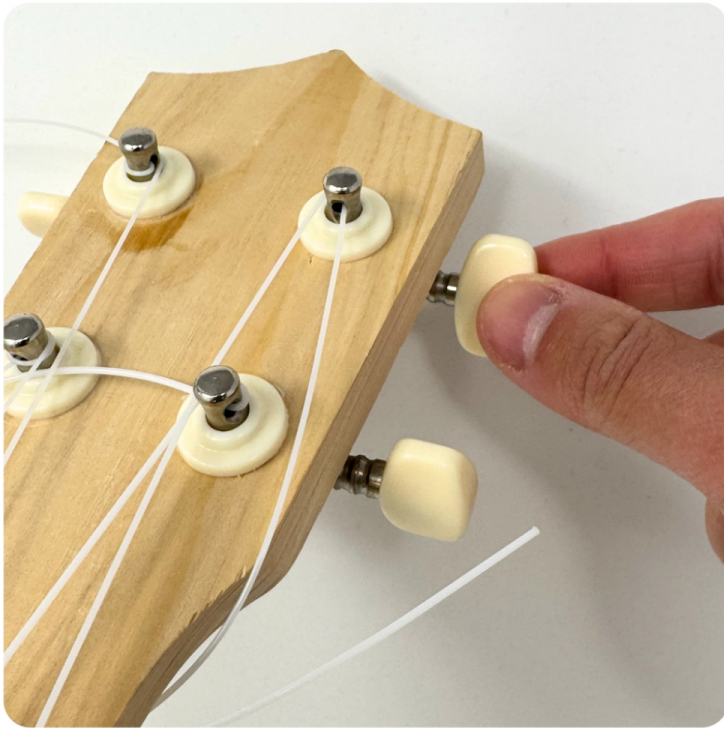
Tie a knot in the end of the 4 included strings and feed the other end through the bridge slot designated for that string. Pull the string through the bridge slot until it is stopped by the knot, then bring it up over the saddle and down the neck to the nut. Pass the string through the nut slot into the tuning peg. Turn the tuning peg until the string has no slack.

- Do not over tighten

- Leave enough slack in the string to achieve 2-3 complete windings on the tuner peg







STEP 12 OF 14

Pack the Ukulele Kit

Using the box and packaging paper you received your kit in, pack your completed Ukulele ensuring padding is under and and top of the ukulele.

Pack all materials back into the original box.

Feel free to decorate the box to make it like a gift for someone to open.

- Please only include items that are UNOPENED and UNUSED
- Add any optional items you would like.

Optional Items to Add:

- Journals
- Music books

Items not to include:

- Perishable items
- Sharp objects
- Nut food products
- Religious or political items



STEP 13 OF 14

Register My Kit (Optional)

Register your kit

To register and track your kits, you must visit the online instructions.

Registering your kit is optional.

STEP 14 OF 14

Thank You!

When you build a Kynd Kit, you create layers of impact for yourself and the community. We appreciate your time and your support of our mission.

Cheers,

The Project Helping team